

# FAQ – Immune +++

## Questions about Immune +++

What is Immune +++ and how does it help?



What is LifePharm Global Network IMMUNE+++?

IMMUNE+++ is a daily supplement that strengthens the immune system, provides up to 24-hour immune defense, and gives the

body the tools it needs to fight off foreign substances. It is a triple defense system composed of the Opti-Shield Blend, Life-C Blend, and an Herb and Botanical Blend\*.

When is the best time to take IMMUNE+++?

IMMUNE+++ is best taken 1 to 2 times daily at meal time.

How many IMMUNE+++ tablets should I take?

The suggested daily usage for IMMUNE+++ is 1 to 2 tablets daily.

Does IMMUNE+++ need to be refrigerated?

IMMUNE+++ is best kept in a cool, dry place, but it does not need to be refrigerated.

How many tablets are in each bottle of IMMUNE+++?

Each bottle of IMMUNE+++ contains 30 tablets. Q: Are there any adverse reactions for IMMUNE+++?

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There are no documented cases of adverse reactions to IMMUNE+++. When taken as recommended, IMMUNE+++ is safe and effective\*.

Why are there multiple sources of Vitamin C in IMMUNE+++?

In IMMUNE+++, the Life-C Blend is a pure form of Vitamin C, combined with citrus bioflavonoids and lipid metabolites that increase the potency of the pure Vitamin C and help it get in the body faster and stay in the body longer, offering up to 24-hour immune defense. The Herb and Botanical Blend is a combination of natural ingredients that help the body fight off viruses and infections while offering an immune boost. The two work together with the Opti-Shield Blend to boost the body's overall immune system, giving giving the body the tools it needs to fight off potentially dangerous infections and

viruses. Additionally, Vitamin C has anti-inflammatory, tissue-recovery and collagen-building benefits, which is why there is more than just one source of Vitamin C\*.

Am I getting too much Vitamin C from IMMUNE+++?

The recommended daily value of Vitamin C varies from 85 mg to 2,000 mg per day, the upper range being well above the levels in IMMUNE+++. Additionally, because Vitamin C is water-soluble, the body will eliminate any Vitamin C it doesn't use.

Can I take more over-the-counter forms of Vitamin C and receive the same benefit as I would from IMMUNE+++?

IMMUNE+++ is a combination of the Opti-Shield Blend, Life-C Blend and an Herb and Botanical Blend, so it is not just another Vitamin C product. The Vitamin C that is in IMMUNE+++ is fueled by a unique delivery system that makes it more potent and effective than common Vitamin C products on the market today\*.

For how long do I need to take IMMUNE+++ before I notice results?

The effects of IMMUNE+++ will vary by individual. Some may feel positive benefits in a short period of time and others may have to take the product longer to notice a change.

If I have a difficult time swallowing supplements, can I grind up IMMUNE+++ and put it in food or beverages?

Yes, you can grind up the tablet and add it to food or beverages.

If I'm already not feeling well, can I take more IMMUNE+++?

IMMUNE+++ is not intended to treat, cure or prevent any condition. It is a natural dietary supplement that boosts the body's immune defense and response to illness-causing organisms. If you are feeling unwell, it's best to speak with

your physician.

Do I need to take IMMUNE+++ , Laminine, Laminine OMEGA+++ and DIGESTIVE+++?

Any of the four can be taken individually for specific health needs. However, all of the body's various systems—immune, digestive and circulatory—function less efficiently as we age. As all the systems are interconnected, when one weakens all are affected. It's important to keep all of our body's systems functioning optimally. When they are, the beneficial nutrients that we put in our bodies, such as Laminine, can be even more effective. This is why the best health benefits can come from taking the products together\*.