

# Laminine Omega +++ FAQ



## Questions about Laminine Omega +++

What is the difference between Laminine and Laminine Omega +++

Laminine and Laminine Omega +++ complement each other and work synergistically. You can certainly take both at the same time and will benefit from this.

What does it contain?

OMEGA 3s,6,9 – helps maintain normal levels of HDL (good cholesterol) and LDL (bad cholesterol) which keeps excess cholesterol from building up and triggers the brain to send proper signals to the circulatory system.

i.e Build up of plaque > hardening of arteries > reduced blood

flow

CoQ10ER – this is a powerful antioxidant that helps fight oxidative stress in the blood vessels, leaving them clear for proper blood flow.

Vitamin K2 – helps direct calcium to the bones and teeth where it belongs, keeping the calcium from attaching itself to the arteries.

Fertilized Avian Egg Extract – stimulates stem cells, allowing each of the other ingredients to perform their function effectively.

How does Laminine Omega +++ help?

This unique, multi-action formula is designed specifically to help maintain and improve circulatory health, its synergistic blend helps to increase the effect of each ingredient

What is the best time to take it?

For the best absorption, we recommend you take it 15 minutes before a meal.

What is Engraulis Ringens, and why is it any better than the salmon fish oil/cod fish oil I'm already taking?

The manufacturer sources its fish oil from Engraulis Ringens, a member of the anchovy family, found in the Humboldt Current off the coast of South America near Peru, where the waters are clean and clear.

Phytoplankton that the Engraulis Ringens species consumes in this region is rich in DHA and EPA, giving the fish the highest naturally occurring ratios of DHA and EPA of any other fish species. The fish oil also undergoes molecular distillation, and is tested before and after the process to remove gunk and toxins and ensure the safety.